

PERSONAL TRAINING

Prepaid cards	Unit price	Offer price	Valid	
1 session	100 €	100 €	1 year	
5 sessions	90 €	450 €	1 year	
10 sessions	85 €	850 €	1 year	
20 sessions	75 €	1500 €	1 year	
30 sessions	65 €	1950 €	1 year	 30-day Abs plan (lifetime access)

***One personal training session can be substituted for one trigger-point massage session.**

Cards are non-nominative and shareable

BEST VERSION OF YOURSELF!

